# **HOW TO SET UP YOUR HOME FOR ISOLATION**

The positive person should stay separate from other people in the home as much as possible.

### BEDROOM AND BATHROOM

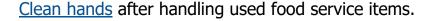


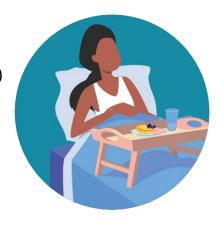
- 1. If possible, keep separate bedroom and bathroom for the positive person.
  - If you have separate bedroom and bathroom: reduce cleaning as-needed (e.g. soiled items and surfaces) to minimize the amount of contact with the positive person.
  - Caregivers can provide personal cleaning supplies to the positive person (if appropriate).
     Supplies include tissues, paper towels, cleaners, and <u>EPA-registered disinfectants</u>.
- 2. If shared bathroom is only option.
  - Clean and disinfect after each use by the positive person. If this is not possible, the caregiver should wait as long as possible before cleaning and disinfecting.

See <u>precautions</u> for household <u>members</u> and <u>caregivers</u> for more information.

## FOOD

- **Stay separated:** The positive person should eat (or be fed) in their room if possible.
- Wash dishes and utensils using gloves and hot water: Handle any non-disposable used food service items with gloves and wash with hot water or in a dishwasher.







## **TRASH**

- **Red Trash Bags:** Red biohazard bags should be used for ALL trash in the home for the duration of isolation.
- Sanitation will let you know a scheduled time to pick up all red biohazard trash bags.

### **PETS**

- When possible, have another member of your household care for your pets while you are sick.
- Avoid contact with your pet including, petting, snuggling, being kissed or licked, and sharing food or bedding.
- If you must care for your pet or be around animals while you are sick, wear a cloth face covering and wash your hands before and after you interact with them.



THINGS TO DO	THINGS <u>NOT</u> TO DO
Cover your coughs and sneezes Washing your hands often with soap and warm water for at least 20 seconds	Have guest over. On one should be visiting.  Leave the house for any reason outside of medical attention.
Clean & disinfect all high-touch surfaces frequently: counters, door knobs, light switches, phones, key boards, remote controller, fridge handles, etc. Use household cleaners to clean the area or item with soap and water, then use a household disinfectant such as bleach.	Share personal household items: drinking glass, cups, dishes, eating utensils, towers, bedding, etc.

#### Watch for emergency signs. Call 9-1-1 if the sick person has:

- Trouble breathing
- Constant pain or pressure in the chest
- Unusual feelings of confusion or not able to respond
- Lips or face have a blue or purple tint
- Severe constant dizziness or lightheadedness
- Slurred speech (new or worsening)

