

NUGGUAM

September 2025 Times the leaves are getting red on the vine maple -čokwanp̓æckət̓ maxo'atcalkinix To Talk - nuggwam High tide - k̓ət Volume 36 Issue 12

Tribes Gather for the 35th Annual Paddle to Elwah

The annual Tribal Canoe Journeys have become one of the most significant cultural gatherings for Indigenous peoples along the Pacific Northwest Coast. Each summer, dozens of canoe families from Washington, Oregon, British Columbia, and Alaska—sometimes joined by Indigenous peoples from as far away as Hawaii, New Zealand, and Japan—navigate ancestral marine routes to a designated host nation. For the Quinault Indian Nation, the Journeys are not just a celebration—they are a living link to ancestral waters, traditional navigation skills, and the teachings carried from generation to generation.

Origins and Revival

The modern Canoe Journey movement traces its roots to 1989, when the “Paddle to Seattle” was organized as part of Washington State’s Centennial Celebrations. Quinault Elder Emmett Oliver played a central role in ensuring Indigenous representation during the Centennial. He helped organize the first large-scale traditional canoe gathering in decades, bringing together 15 participating tribes who paddled from Suquamish territory to Seattle’s Golden Gar-

dens Park. The event sparked a cultural revival, inspiring many communities—including Quinault—to restore canoe carving traditions and reclaim ancestral water highways once disrupted by colonization.

An Annual Tradition

In 1993, the “Paddle to Bella Bella” marked a turning point. Not only was it the first return journey since 1989, but it also formalized canoe protocol—travelers must ask for permission before landing on another nation’s shores, a tradition that continues today. Over time, the annual Canoe Journeys expanded, with hundreds of paddlers traveling for weeks, stopping at host communities each night for song, dance, stories, and shared meals.

Quinault canoes have often been part of these long journeys, with the Nation serving as both participant and host. When Quinault hosted, the Nation welcomed canoe families with traditional protocol, gifted handmade items, and shared fresh-caught salmon, clams, and other traditional foods, creating a space for cultural exchange on the shores of the Pacific.



Canoes come ashore. Photo by GoCampbellRiver via Facebook

A Living Cultural Classroom

For many Quinault youth, the Canoe Journeys serve as a powerful learning experience. Paddlers learn not only the physical endurance needed for multi-day voyages but also the spiritual and cultural teachings embedded in canoe travel—respect for the water, for the canoe family, and for the lands and peoples visited along the way. The water becomes a classroom, the canoe a teacher, and the songs and dances a way to pass history forward.

Challenges & Perseverance

The Canoe Journeys have faced challenges in recent years. The COVID-19 pandemic forced the cancellation of the 2020 and 2021 events, the first interruption since 1993. In 2024, the planned Paddle to Ahousaht was canceled due to capacity limitations. Still, many tribal communities, including Quinault, continue to host smaller paddles and maintain canoe traditions locally.

Looking Ahead

From its rebirth in 1989 to today, the Tribal Canoe Journeys have grown from

15 canoes to events that draw thousands of people. For the Quinault Nation, participation remains a way to honor ancestors, strengthen community ties, and affirm the Nation’s enduring relationship with the water. As the canoes pull into the shores of each host, the message remains the same: We are still here, still paddling, and still carrying forward the traditions of our people.

To see more photos of Tribal Journeys check out the Facebook site

Past Tribal Journeys on pg 11.

QIN Radio in the Works - KUIN 89.5 FM

Photos By Michael Patten



Neal Nosek mounts the antenna.



Keith Dublanica get the transmitter ready.



Neal setting up the Pole



Test installation at the Roundhouse.

Presorted Standard
U.S. Postage
PAID
Taholah, WA 98587
PERMIT No. 2

Nugquam
P.O. Box 189
Taholah, WA 98587
Change Service Requested

Postal Customer
Taholah, WA 98587

The Quinault Nation has taken swift action to preserve a valuable; communications resource its radio frequency. The license, which was in danger of expiring, was first brought to the Nation’s attention last week by Todd Urick of Common Frequency, a nonprofit organization that helps communities develop and maintain local radio services.

Upon learning of the situation, the Communications Department contacted Senior Network Architect Neal Nosek to ensure the Nation met broadcasting requirements in time. The solution required installing an antenna connected to a receiver capable of transmitting within regulatory guidelines.

On August 12th, the team successfully set up the transmission pole and completed the temporary instal-

lation at the Roundhouse. Neal Nosek took the lead on assembling and erecting the pole, while Keith Dublanica a volunteer who works with Urick but is not part of Common Frequency provided essential equipment and hands-on support. Chris Frank, Director of Technology, played a vital role in facilitating communication, sending necessary emails, and working with the Nation’s legal team to ensure the project proceeded smoothly and in compliance.

Thanks to the quick response and dedication of everyone involved, the Quinault Nation was able to maintain its frequency and keep open the possibility of developing a tribal radio station a potential platform for cultural programming, emergency alerts, and community outreach. Shout out to everyone involved. Siokwil.

Police • Fire • Medical

EMERGENCY 911

Non-emergency Number 360-276-4422

Deadline for the
October 2025 Nugquam
September 23, 2025

Nugquam

Quinault Communications
P.O. Box 189
Taholah, WA 98587
Telephone: 360. 276.8215 ext. 4287
Telephone: 360.276.8215 ext. 4267

Email: michael.patten@quinault.org
catherine.raya@quinault.org

Nugquam headquarters are located
in the Roundhouse at 114 Quinault
Street (near the mouth of the river).

The Nugquam is a monthly
publication of the Quinault Indian
Nation (QIN) to inform, educate,
and stimulate interest in QIN and
community affairs. We believe in
freedom of speech, an openness of
information and exchange of ideas,
cultural awareness and understand-
ing, and respect and trust.

Tribal members and staff are en-
couraged to submit letters, articles,
poems, photographs, drawings or
other art to be considered for pub-
lication. Written material received
should be kept to a minimum of
words, either typed, e-mailed, or
neatly handwritten, and signed. We
reserve the right to edit for clarity
and length, and to reject any letter
that we feel may be libelous, in poor
taste, vulgar, demeaning or un-
signed. Respect is a traditional val-
ue of the Native People, and will be
maintained in these pages.

M'Liss DeWald- COO
David Montgomery-Chief of Staff
Debbie Martin—Education, Training & Culture
Aliza Brown—Social Services
Denise Ross - Health & Wellness
David Bingaman—Natural Resources
Julie Burnett - Public Works
Chris Frank —Information Technology
Mark James—Chief of Public Safety

Kris Salmon—CFO
Leona Colegrove—Chief Judge
Joshua Weissman -Attorney General
Mariah Ralston—Housing Authority
Chris Baller—Quinault Gaming Agency
David Martin—CEO QNEB
Tony Enzler—COO QNEB

Nugquam Staff

Michael A. Patten - Communications Editor
Cat Raya - Media Specialist
Larry Workman-Volunteer
Nugquam archives available to QIN staff on the H
drive > Public Share folder > Nugquam pdfs
View the current Nugquam Online at:
www.quinaultindiannation.com
1,600 copies of the Nugquam
are distributed monthly.
Published by the Quinault Indian Nation.
Printed by Sound Publishing Inc.
Lakewood, Washington
Through arrangements with
The Daily World
Aberdeen, Washington

Front Page Header: Section of a
drawing of driftwood in a hightide surf
at Granville (old name for Taholah) by
Sarah Willough, ca 1885.



If you need to reserve
the Taholah Community
Center for an event or to
get training on the kitchen
appliances, please contact
Jerome Obi
CommunityCenterInfo@quinault.org

Request Form accessible to:
QIN Staff - IINX Engage
Membership - IINX on QIN web page
under Membership Experience

Quinault
Cultural Advisory
Committee

Meets the first Friday of the month
Currently zoom meetings only

Contact Tia Allen for information at:
qcac.secretary@gmail.com or
Lia Frenchman at:
360.276.8215 ext. 7308

Did you know?

My Tribal Area

Quinault Reservation

OR

1 Select a State

2

People

Jobs

Housing

Economy

Education

Quinault Reservation, WA

Source: 2019-2023 American Community Survey 5-Year Estimates

ACS
Margin
Estimate of Error

Total population	1,103 (+/-227)
Male	559 (+/-146)
Female	544 (+/-110)
Under 5 years	45 (+/-32)
5 to 9 years	67 (+/-24)
10 to 14 years	85 (+/-33)
15 to 19 years	88 (+/-35)
20 to 24 years	84 (+/-39)
25 to 34 years	124 (+/-47)
35 to 44 years	106 (+/-41)
45 to 54 years	122 (+/-77)
55 to 59 years	56 (+/-29)
60 to 64 years	53 (+/-31)
65 to 74 years	214 (+/-94)
75 to 84 years	44 (+/-22)

About the map

Display ACS
Margin of Error

Download
and Share

The Census Bureau collects survey
data from households and business ev-
ery month of every year and employs
thousands of interviewers to collect
these data. One of the most important
household surveys is the American
Community Survey (ACS) which pro-
vides current data for our community
and is used for grants, planning and
funding. Every county in the country
has sample housing units (address-
es, not specific people) selected each
month to participate in the ACS.

Tribal leaders, businesses, and
nonprofit organizations can use data
from this survey to:
Obtain grants, like Tribal Heritage
Grants, to preserve tribal culture.
Apply for financial aid for fuel, elec-
tricity, and housing

Plan for projects to improve roads,
schools, and senior centers
Develop education and job training
programs

If your home is sent a survey, please
respond! You can can go online, call or
wait for a Field Representative to visit
your door. Please contact the Liaison,
Kristeen Sellers with any questions or
concerns.

For more information about the ACS
for the American Indian and Alaska
Native population visit www.census.gov/programs-surveys/acs/information-for/aian.html

HAPPY
LABOR DAY



2025-2026 Quinault Indian Nation Tribal Council (Business Committee)

P.O. Box 189, Taholah, WA 98587

360.276.8215

Position	Name	phone	email	Term
President	Guy Capoeman	x 1329	Guy.Capoeman@quinault.org	2027
Vice-President	Noreen Jackson-Underwood	x 1331	nunderwood@quinault.org	2027
Secretary	Mandy Hudson-Howard	x 2555	mhhoward@quinault.org	2027
Treasurer	Hannah Curley	x 7219	Hannah.Curley@quinault.org	2027
1st Councilperson	Gina V. James	x 4205	gjames@quinault.org	2026
2nd Councilperson	Jim Sellers	360.640.3177	Jim.Sellers@quinault.org	2026
3rd Councilperson	John Bryson Jr.	360.590.2830	jbryson@quinault.org	2026
4th Councilperson	Tyson Johnston	x 2015	tjohnston@quinault.org	2026
5th Councilperson	Brittany Bryson	x 2011	bbryson@quinault.org	2028
6th Councilperson	Kaylah Rosander Mail	x 5491	kmail@quinault.org	2028
7th Councilperson	Kristeen Mowitch	360.590.2693	kristeen.mowitch@quinault.org	2028

QIN Subcommittee Responsibilities

Justice & Governance (J&G):

- Citizen Review Board
- Public Safety Division
- QIN Self-Governance
- Quinault Tribal Court
- Emergency Management
- Records Office
- Communications Department
- Child Support Office

Prosperity, Health, & Human Services (PHHS):

- Quinault Nation Enterprise Board
- Tribal Employment Rights Office/TERO Board
- Finance Division
- Human Resources
- Quinault Tribal Gaming Agency/Quinault Gam-
ing Commission
- QIN TANF
- Health & Wellness Division

Natural Resources & Community
Development (NRCD):

- Quinault Division of Natural Resources
- Quinault Housing Authority/QHA Board of
Commissioners
- Community Development Department
- Overall Fish & Game Commission
- Ocean Committee
- Quinault River Committee
- Off-Reservation Committee
- Queets River Committee
- Quinault Planning Commission

Education & Community Services (ECS):

- Quinault Utilities
- Public Roads
- Enrollment
- Enrollment Committee
- Quinault Language Department
- Cultural and Historic Preservation
- Public Transportation
- IT/Technology Division
- Quinault Housing Authority/QHA Board of
Commissioners (joint oversight with NRCD)

988

Suicide
Prevention
Lifeline

You may press 4
to speak with an indigenous counselor

Quinault Business Committee
Meeting Schedule

Legal Session (Closed) @ 1:00 pm
Regular Session (Open) @ 5:30 pm

September 8th and 22nd
Legislative Sessions:
9:00 am - 4:00 pm
September 17th and 18th (Closed
Meeting)
(Closed Meeting)
Meetings are held in Taholah at the
Joe DeLaCruz Council Chambers.
Meeting in Queets are held at the

The subcommittee meetings are held
in the

Joseph DeLaCruz Council Chambers
Schedule subject to change.

(These meetings are open to the public)

Justice & Governance
Subcommittee
September 2nd and 16th @ 10:00 a.m.
Gina James – Chair
Jim Sellers, Kaylah Mail, Hannah
Curley, Brittany Bryson.

Natural Resource &
Community Development
Subcommittee
September 2nd and 16th @ 2:00 p.m.
Tyson Johnston – Chair
Mandy Hudson-Howard, Kristeen
Mowitch,James Sellers, John Bryson.

Prosperity, Health &
Human Services
Subcommittee
September 2nd and 16th @ 11:00 a.m.
Hannah Curley – Chair
Noreen Jackson Underwood, John
Bryson, Gina James, Tyson Johnston.

Education & Community Services
Subcommittee
September 2nd and 16th @ 1:00 p.m.
Kristeen Mowitch – Chair
Mandy Hudson-Howard, Noreen Jackson-
Underwood James Brittany Bryson, John
Bryson.

Fisheries Monthly
Committee Meetings

Ocean
TBD

Quinault River
1st Wednesday of every month
10:00 a.m.

Queets River
1st Thursday of every month
4:00 p.m.

Off Reservation River
2nd Tuesday of every month
10:00 a.m.

Overall Fish and Game
TBD

Alison Boyer—360.276.8215 x 7372



QDNR Permits Office
Monday - Friday
9:00 am - 3:00 pm

Call or email to schedule an
appointment

Alison Boyer
(360) 276-8215 ext 7372
alison.boyer@quinault.org
or
Theresa Obi
(360) 276-8215 ext 7004
theresa.obi@quinault.org

Or email to address below and
either one of us will respond
qdnrpermits@quinault.org

Office of the President

Guy Capoeiman



Warm greetings
This month has been filled with meaningful moments, deep reflection, and a strong sense of community. As your Chairman, I want to share a few highlights from August and express my gratitude for the honor of serving you.

Welcoming Our Canoe Families Home
One of the most powerful moments in August was welcoming our canoe families back home after **Tribal Journeys**. We gathered in Taholah to celebrate and hold a **Welcome Home Dinner**, where our community came together to honor the pullers, skippers, and support crews who traveled on behalf of the Quinault Nation. The songs, the laughter, the shared meals all it spoke to the love we have for our culture and for one another. To our canoe families: thank you for your

strength, your heart, and your representation of our Nation. You carried more than paddles; you carried the prayers and pride of our people.

Looking Ahead
I’m also proud we announced that, beginning **October 12th**, the Quinault Indian Nation will be implementing a **32-hour work week** for our Tribal employees. This decision comes from listening to our people, recognizing the importance of family time, rest, and balance. We believe this step will not only improve the well-being of our workforce but also strength-

en the services we provide to our Nation. We want our employees to be well, to be present for their families, and to feel supported not just as workers, but as whole people.

Visiting the Burke Museum
This month, I was honored to accept an invitation from the Burke Museum to view a Quinault wool cape that will one day be returned home to us. Standing before this beautiful, hand-woven piece, I felt the presence of our ancestors. Their hands made it. Their stories are woven into it.

The repatriation of this item is more than symbolic, it’s healing. It’s about bringing our history, and the spirit that lives within it, back to the land and people it came from. I look forward to the day we can welcome the cape home together.

Legislative Update: Title 51
Last but certainly not least, I want to let our community know that the updated **Title 51** is being released. This updated title reflects our continued efforts to strengthen our government and ensure we are building systems that reflect our values

and sovereignty. Please take time to review it, ask questions, and stay informed it’s through shared understanding that we grow stronger. Throughout this month, I’ve continued to attend our regular meetings and listen closely to the needs of our people. Every decision we make is guided by our shared commitment to uphold and protect what it means to be a Quinault.

With gratitude and respect,
Guy Capoeiman
Chairman, QIN

Office of Vice-President

Noreen Jackson-Underwood



Hello members and Friends of QIN!
It has been a minute since I’ve submitted an article from the office of Vice President; I appreciate that my fellow Executive Team is staying on top of keeping you all informed and I commit to doing better at submitting articles. I will start off by saying it has been difficult on a personal note without Councilman Ryan Hendricks. I miss his enthusiasm and his desire to work hard, learn, serve and just get things done. Ryan is a go getter and a family man, and I have a lot of respect for him and wish him well in his future endeavors. In saying that, it has also been a plea-

sure to welcome Kaylah Rosander Mail to the team. She is jumping in and anxious to learn. She shares her knowledge of finance, and she is doing very well. I also would like to give a public shout-out to our newest support staff member, Celina Charley. I have to share how proud I am of Celina. She is always professional, busy, friendly and eager to help. She has overcome a lot of obstacles during the last couple of years, and all her hard work is paying off. We recently also welcomed David Montgomery to the team as our Chief of Staff. We are all still learning this new role and David has a strong background in leadership, organization, and a finance background and he has been a great addition to the team. As you read last month’s article by Treasurer Curley, we have been without a CFO. I appreciate the extra effort Hannah has put in to work with our finance staff, change is never easy and learning to

work with different management styles is always going to be challenging. Last week he hired a new CFO, and she will be starting in the position next week. I will wrap up my comments on personnel with saying how much I have appreciated the efforts of our Budget Manager, Jeff Capoeiman Jr. Jeff has decided to move on from QIN, but I cannot let him go without acknowledging his great work, I look forward to the day you return to QIN Jeff, and I wish you the best! I will touch on just a few topics and so that I am not repeating what has already been said in other articles. We have had numerous meetings; including meeting with The Governors Office of Indian Affairs. The Council was able to share our concerns and priorities and to name just a few, we discussed moving tribal members out of the tsunami zone, fish hatcheries and habitat preservation. Health care dollars, State Fish and Wildlife, Pinnipeds, hatchery cuts, Upper

Quinault funding and the question of how we walk away with action plans out of this year’s Centennial Accord. I look forward to building a working relationship with Tim Reynon, Director of the Governors Office of Indian Affairs and we appreciate his two visits to QIN, one to Taholah and the other was to our Queets ribbon cutting ceremony. The Business Committee has passed two updates to codes this quarter, the Water Code and the General Welfare Code. Most recently Title 51 was presented to the BC and tabled until the next meeting. I have been hearing a lot of chatter about the regular meetings of the Business Committee and the lack of “action items” and short agendas with a lengthy list of “consent agenda items”. I realize that there may be confusion on how items are placed on the Consent Agenda. According to the QBC By Laws: 1. The consent agenda is a bundle of items that is voted on with-

out discussion. Agenda items that can be moved to the consent agenda are those that are noncontroversial, reoccurring and/or routine, or have been vetted through a subcommittee and/or legal session. 2. Any Business Committee member can request to move items from the agenda to the consent agenda, or to move items from the consent agenda for further discussion and open voting. 3. A list of consent agenda items will be circulated among the members of the Business Committee for voting and the Secretary will certify the list as the official vote. As always, the Business Committee welcomes membership to come in person, and I encourage anyone who wants to be involved to do so. It’s great that we have more joining by zoom to listen in and to learn what is happening with the BC meetings. I realize that some people get upset that we cannot take comments or have an open dialogue by

zoom, at this time it is not possible. I would like to give a special thank you to all the volunteers for Chief Taholah Days, the week of celebrating was amazing, the fireworks show was awesome as always and my only complaint is that our membership and guests need to do better at cleaning up the trash from the beach. There were piles and piles of trash up and down our beach and also left at the entrance to the first approach. A big highlight of the Summer was the ribbon cutting ceremony in Queets. What a historical day. A lot of work went in to making that dream a reality and our families will enjoy this new facility for years to come. In closing, although I was unable to attend the Paddle to Elwah, I appreciate all the Quinault pullers, dancers and singers who represented Quinault Indian Nation. With the exception of a tsunami warning, I’ve been told it was a very successful journey. Continued prayers to all our families who are

TANF opens the Queets Family Place!

photo s and article by Cat Raya



Pictured above Tweety enjoys cake at Queets family place



Wall of kwint

TANF opens a new building in Queets! It is called the Queets family place. It is beautifully done with respect for the people of Queets and the children that come through the building will be able to scan an alphabet wall written in the Quinault language. The space has several offices, a large meeting room and a kitchen. Previously this office was located in the Gym on the top level. Though this space served as TANF for years it wasn’t ideal for privacy and for the elders walking up the stairs. The new building has a ramp to allow for full access to the help that TANF and the New Opportunities programs offers. These program can and do change lives. It is a necessary resource for the Quinault people. Some of the employees have been working for this cause for decades, which shows how well the employees are treated and how much they love the work they do. Carol Miller has been

with this department for 24 years, Taunya Hardden has been with the department for 25 years and Becky Klatush has been with the department for 20 years. This program offers a one stop shop for all financial needs such as cash assistance and technical support for the participants. I spoke to Mary Papp the manager of the program and she said “TANF finally has a home” as well as “ This gives us room to grow and add more services if and when the tribe goes 477 we’ll have the space” she goes on to say “We’ve always been a full time presence in Queets” she felt like this program was very necessary for the people in Queets. 477 refers to the program that will allow Quinault and other tribal entities to combine federally funded employment, training and related services into a single plan. They have chosen beautiful artwork throughout the building. One piece in particular

represents the story of the Thunderbird and the whale. It is a miniature totem pole depicting a Killer Whale, a canoe and the Thunderbird. Sonny Curley created this totem pole after being inspired by the legend that Jiggy Shale told him about Thunderbird and the Whale. He was also inspired by Randy Capoeiman, the prolific coastal artist used blue in his artwork. He was one of the first to use this col-

or blue. In the story the Thunderbird saves the Quinault people from a Killer Whale after a deep famine. This totem represents so much for our people and just as the Thunderbird saved the people so does TANF. I spoke to Sonny Curley and he wanted to say “Thank you to Randy Capoeiman, Guy Capoeiman, Marco Black and James Delacruz.”



Totem Pole by Sonney Curley

Charles Preston Bighead

February 25, 1974-July 29, 2025



Charles Preston Bighead, age 51, a longtime resident of Taholah, died on July 29, 2025, in Tacoma, Washington. Mr. Bighead was born on February

25, 1974, in Aberdeen, Washington to Charles Luther Bighead, Jr. and Marlene Catherine James.

He was raised in Taholah and graduated from the Taholah Education Center. He had worked as a commercial fisherman and clam digger and various other capacities in Taholah.

He is survived by his mother, Marlene James of Taholah, a son, Preston B. Bighead Vick of Ocean Shores; siblings, Julie Lopez of Medford, OR, Roxanne Eison of Auburn, Robert Bighead of Ocean Shores, Larry Russell of Aberdeen, Charles Russell of Hoquiam, Dwayne Bighead of Tacoma and Samanth Bighead of Taholah Wa.

Frances Alice Patterson

November 13, 1944–August 3 ,2025



Frances Alice Dunphy was born in Auckland, New Zealand and adopted and raised by Francis J. Dunphy and Isobel P. Wood Dunphy. She passed away on August 3, 2025 at the age of 80. She married George Patterson on December 30, 1961 in Putaruru, NZ, and they made their home in Tokoroa, NZ until his death on August 28, 1999. They lost their first two children, a daughter Sandra at 51/2 months and Ed at 23 months - both to a congenital heart condition. After losing their two children, Frances and George said they decided to adopt, “a decision which we never regretted at all because the girl, Barbara Ann and the boy, Anthony have been a great source of pleasure to us.” Frances is survived by her daughter Barbara and son in-law Brett McMullen, grandchildren, Rylee and Bryce McMullen who blessed her with so much love and pride, and her son Anthony and his two children. Her New Zealand family included several siblings whom she spoke of fondly. She was the youngest in her adopted family and when she learned of her American family, she realized that she was the eldest of the McCrory clan.

Frances is also survived by her McCrory siblings – Francis, Jr., John, Vernon, Sr., Patrick, Shelley, Cynthia, Jennifer and Naomi McCrory- Walther. In addition to her siblings, she had numerous nephews and nieces, and many cousins, all whom she loved dearly.

Besides her two children and her husband, George, Frances was proceeded in death by her adopted parents and her New Zealand siblings, and from her biological family, her father, Francis F. McCrory, Sr., step-mom, Sharon McCrory, two nephews, Cory Walther and Marcus McCrory.

Frances was what is often referred to as a “War Baby” of the second World War, where her father Francis served in the South Pacific. During his time in Guadalcanal, he contracted malar-

ia and was sent to Auckland, NZ for treatment. At the age of 42, she learned of her biological connection to him in 1986. This revelation started her search for her American Serviceman father. It took her nearly three years to locate him and another 18 months to make her first trip to meet the family. Frances’ first visit was in 1991 and during that time, she completed her documents for enrollment and was enrolled at the 1992 Annual General Council. She was extremely proud of her Quinault heritage and to be a member of the tribe. She made several trips back to visit the family in Taholah often bringing a friend or family member from New Zealand with her. After her first trip to meet family in Taholah, Frances said it helped her understand some things that she often wondered about with her adopted family. She said she always felt loved and a part of her family, but there were characteristics that were different, and those things finally made sense when she learned of her McCrory family and became a member of the Quinault tribe.

In 1994, her McCrory family, including her father, traveled to New Zealand to visit and meet her family. Over the years, many others of her Quinault family made the long trip to visit her in Tokoroa. She was always proud to show them off to her family and friends and often would make special arrangements at local pubs to host large gatherings to celebrate their visits. She was their official tour guide and hosted many of them in her home.

Our sister Frances was a kind, loving and caring person. She was a McCrory in so many ways; like our father Francis, she never met a stranger. Once she met a new friend, she never forgot them, often inquiring about several people over the years. Her phone calls were lengthy but always very cheerful and fun. She never missed a birthday and would call each of us to wish us a Happy Birthday! Our sister blessed us with her generous heart, and from the moment she met each new member of the family, her spirit and love instantly found a permanent place in each of our hearts.

Her wishes and instructions for her final resting place was to be cremated and have her ashes brought back to the Homelands of the Quinault people. At a date in the future, we will be receiving her ashes and will plan for her memorial, the spreading of her ashes as requested and have a community dinner.

The family would like to thank each person who showed our sister kindness and welcomed her into our community and tribe as well as to those who have expressed their condolences



Frances poese with her Quinault family.

June Walcott

June 16, 1947-July 12, 2025



June Walcott passed away on July 12, 2025 with her family by her side. June was born in Sumner, Washington on June 16, 1947 to Edna Hudson and John Hovland. She was the youngest of three Siblings. June worked for the Klawock School as a cook for 20 years. For as long as can be remembered. June loved to cook and bake. After she retired, she would often bake cookies

and deliver them to people and businesses. June could be counted on for donating her time and effort to make fresh baked rolls for potlucks, community dinners, celebrations and any other events that needed assistance.

Some of June’s hobbies included bowling, gardening, and after retirement, traveling. She loved to travel as often as possible with trips from Boston all the way to Hawaii and multiple places in between.

June had two sons, David and Edward, from a previous marriage and then married Howard Walcott the III in August of 1973. They had two children together. Howard the 4th and Louise. She is preceded in death by her parents Edna and John, her sister Vicky Winkler, husband Howard the III, and sons David and Ed. She is survived by her two children Howard the IV of Klawock, Louise of Nome, and sister Rosemary Moore of Montesano, WA.

Autumn Equinox – standing in the balance

Photos and article by Leah Hollon Paquette, Wellness Garden Coordinator



Flowers at the RSHC garden.

With so many hours of light in the Summer, we often find ourselves out in the gardens or wandering the woods later into the evenings. By Wintertime, I will be ready to tuck into a blanket next to the fire by 4:30 pm, but for now, I soak in as much of the sunlight as I can. As Summer winds down, we shift back to the place of balance between day and night, activity and rest. Each season I feel gratitude for the movement into a new part of the cycle. I am grateful for the abundance and growth of this Summer. Even though we haven’t had a ton of heat, we have expanded the gardens and grown so many beautiful vegetables, fruits, flowers and herbs. I feel deep gratitude for the opportunity to do this work with the Earth. It also feels good to know we still have a couple months before the light drops back below 10 hours a day. That 10-hour point is an important one for us gardeners. Below that, plant growth slows to a near stop. For us, that point is the end of October, right around the cross-quarter between the Autumn Equinox and the Winter Solstice.

We use that date to calculate when

to start our winter crops. In September we still have time to plant many of the leafy greens that are so nourishing for us: Kale, spinach, chard, arugula, lettuce, collards, Asian greens such as tatsoi, pac choi, and mizuna, chicory, broccoli raab, miners lettuce (Claytonia), mache, and cilantro. The baby greens of these can be harvested as soon as they are big enough, and the plants will continue to grow into Winter. Radishes, and turnips grow quickly and can be planted now too, along with beets, and slower growing carrots, leeks and bunching onions which will be harvested in the Spring. Many of the greens can be planted later into October, but at that time they will stay small, overwintering and beginning growth again in February for an early Spring harvest.

Don’t forget about garlic! We can plant October-November. Be on the lookout for our garlic planting party sometime early October!

We harvest from the gardens every Thursday- our handout is from 12:30 at the Garden House.



Fresh spinach



Purple Dragon carrots

QIN Superheroes Assemble at Employee Picnic

Photos By Michael Patten



Queets days 2025

By Cat Raya



Queets Royalty Photo By Kristeen Sellers

Queets Days was nothing short of an amazing celebration! Families, friends, and neighbors gathered on Friday to kick off the three-day festival, marking one of the most anticipated events of the year for the community. Even though the weekend began with a torrential downpour, the predicted storm couldn't

dampen the spirit of Queets. Instead, the festivities were quickly moved inside the gym, where laughter, music, and excitement filled the air. Children were treated to large, colorful bouncy houses, locally sourced from Jump! Party Rentals and provided by Jessica and Kobe Kalama. The kids were all smiles, tum-



Families enjoy Queets Days Photo By Cat Raya

bling and bouncing around as parents and grandparents looked on, happy to see them enjoying the day. The joyful atmosphere was a reminder of the event's purpose: to bring families together for fun, connection, and lasting memories. Saturday offered something for everyone. Felicity Anderson hosted a family-friendly fun walk inside the gym, handing out T-shirts designed by local artist Brody Sharp—a treasured keepsake for participants. Creative energy also flowed as a face-painting artist transformed children into superheroes, fairies, and animals, complete with glittering headbands and feathers. Some even left with painted sand dollars as unique souvenirs of the day. The entertainment continued into the evening with games like youth bingo and adult bingo drawing in crowds eager for prizes. A lively dance capped the night, followed by a dazzling fireworks show that lit up the sky and had everyone cheering in delight. By Saturday, the celebration was in full swing. Community members enjoyed a lineup of vendors, a cornhole tournament, and even a watermelon-eating contest that brought plenty of laughs. A community dinner was served, giving everyone the chance to relax and share a meal together. The people of Queets also came out in full support

of their local Royalty, honoring representatives who carry pride for the community. Sunday brought a high-energy close to the weekend. The beloved "Crazy Rez Ball" tournament drew both players and spectators for a thrilling day of competition, while boxing matches added even more excitement to the schedule. Despite the lingering rain and even a road closure, Queets Days prevailed. The resili-

ence of the community shone through—proving once again that nothing can stop the people of Queets from coming together to celebrate their culture, their youth, and each other. In the end, Queets Days was more than just a weekend of fun. It was a powerful reminder of the strength and togetherness of the community, where traditions are carried forward and memories are made year after year.

Queets Days Flashback 2023



Paddle to Quinault a great success in 2013

By Fawn Sharp *Reprinted from Sep Nugquam 2013



A total of 89 canoes made their way to Quinault from Tribes and First Nations near and far, most splashing ashore at Point Grenville on August 1. One by one the canoes were welcomed ashore by Quinault Nation leaders and Quinault singers as they rode the Pacific waves in, some completing a journey of hundreds of miles. The pullers then hefted their heavy canoes through a cheering crowd of thousands to the safety and comfort of dry land. Quinault Tribal Councilman Rich Underwood, who handled emcee duties during the landings, said all went well. He said there had been some rough times for some of the canoes facing the elements of the ocean, but everyone landed safe and for that he was very grateful. "This is a truly awesome event," he said. "I'm so glad to see so many people on the beach. That is the most this beach has seen in over 100 years!"

Following several hours of the traditional welcoming and landings, it was time for the host tribe to provide the first of several feasts as the protocol commenced—a bit slowly at first due to the tired bodies and sleepy eyes of the courageous canoe families, some of whom had been in their crafts for as long as three weeks. The

feasts, which often included salmon, elk, buffalo, bear and, of course, traditional frybread and all the fixin's were amazing feasts themselves, providing succulent nourishment for an estimated 6,000 to 9,000 people each meal.

There were so many highlights, so many positive feelings and so many stories to tell. The composite of photographs in this edition of Nugquam provide a sense of the excitement and spiritually uplifting experiences of the Paddle, but anyone who missed it truly did miss out on a wonderful and historic event. One of the best stories to tell about this year's Journey was that the person who started it all was there to witness it. Quinault elder Emmett Oliver, 99, was all smiles as the canoes came ashore at Point Grenville. It was he whose efforts resulted in the first of these events, the Paddle to Seattle, in 1989. Paddle to Seattle was celebrated in conjunction with the State of Washington Centennial Celebration. Paddles have been celebrated, with various tribes and British Columbia First Nations hosting the events ever since. Quinault hosted it once before, in 2002. Since then it has tripled in size, and Oliver said he is very pleased that it has been so successful in helping the Indian people reconnect with their history, culture and heritage.

Marilyn Bard, Oliver's daughter, said his 14 year-old grandson, Owen participated as a member of a canoe team for the first time this year. "That shows how powerful, and what an ongoing source of pride, this is," she said.

"I am so excited for the Quinault people. It is so important to celebrate our tra-

ditions—to keep our heritage alive for future generations. It is a sunny day for our people," said Quinault President Fawn Sharp as she stood at the edge of surf, welcoming canoe after canoe.

The theme of this year's journey, "Honoring our Warriors," was repeatedly acknowledged, as veterans were honored again and again for their service.

A 70-foot Totem was dedicated as part of the festivities at Haynisisoos Point, where the Paddle to Quinault potlatch continued for six days. The Totem was carved from an 800 year old western redcedar tree from a section of Quinault forestlands set aside for such purposes. "The Totem reflects the connection of the Quinault people with the land and the animals. These are the things that make us Quinault," said Guy Capoeman, journey coordinator.

The Totem was dedicated to Emmett Oliver, the Quinault tribal elder whose efforts led to the renewal of the canoe journey tradition. In its first year of 1989, 20 canoes were involved. The final count of canoes this year is 89, according to Capoeman. The Totem, which was also dedicated to longtime tribal leader Phillip E. Martin, was carved over a period of approximately four months by Quinault tribal members James DeLaCruz, Jr., Marco Black and Bryan Comenout.

Tribes from throughout the Northwest, Canadian First Nations and even Natives from Hawaii and New Zealand shared their customary dance, song, gifts and words of honor and traditional value. Thousands of visitors continued to pour in, shopping

at dozens of Native vending booths, taking in the traditional ceremonies and enjoying the complimentary food by the thousands. Among the many photographers and videographers who are documenting this year's journey is Chris Eyre, preeminent American Indian filmmaker and producer of "Smoke Signals." Eyre's filming of the event has been commissioned by Quinault and will be made available to the public at some time in the future to be announced.

It benefits an Indian Nation in many ways to host a Canoe Journey. It provides outstanding opportunities to meet new friends and rekindle old relationships, of course. It provides the impetus for establishing new facilities to benefit the Tribe. For example, at Haynisisoos Point (newly

named in honor of Quinault elder Phillip E. Martin), QIN envisions a new museum and research center, a carving house for new canoes as well as masks, totems and other arts and a tsunami safety and training center—the land is 120-150 feet above sea level. Along those same lines, the infrastructure developed and the experience gained in coordinating an event of this magnitude: providing food, transportation coordination, safety and security measures, have all been very valuable experience in preparing for any future events, or emergency situations.

Quinault Emergency Services Manager.

The potlatch was monitored and archived at www.GHWebTV.com.



20th Anniversary Collage of the 2005 paddle to Elwah



Ichiro’s No. 51 Retired in Emotional Ceremony at T-Mobile Park

Adapted from reporting by MLB.com



Photo by Yuri Karasawa

SEATTLE — More than three decades after his professional debut in Japan and just two weeks after entering the National Baseball Hall of Fame, Ichiro Suzuki was honored in front of a roaring crowd at T-Mobile Park on Saturday as the Mariners officially retired his iconic No. 51 jersey. The pregame celebration was

filled with tributes. A massive banner bearing his image and the slogan “Simply the Best” — with the first two letters replaced by the digits 5 and 1 — hung over the batter’s eye. The number 51 was manicured into the outfield grass, displayed along the baselines, and showcased across the stadium’s signage. High above left-cen-

ter field, Ichiro’s number now stands permanently beside those of Edgar Martinez (11), Ken Griffey Jr. (24), and Jackie Robinson (42).

Mariners manager Dan Wilson reflected on the moment, saying, “Obviously an incredible day for Ichiro, an incredible honor... there’s something a little more special when it’s in front of the home folks.”

When it was his turn to speak — only his second public address in English in as many weeks — Ichiro echoed Griffey’s famous Hall of Fame line: “I’m damn proud to be a Seattle Mariner.” He thanked Seattle for embracing him throughout his career and noted that returning to the Mariners after stints in New York and Miami reminded him that “there really is no place like home.”

Ichiro also shared the spotlight

with another Mariners legend who wore No. 51 — Randy Johnson. The Hall of Fame pitcher gave Ichiro his blessing to wear the number when he joined the team in 2001, a gesture Ichiro said he has never forgotten. Johnson, who won the first of his five Cy Young Awards in Seattle, will have his number retired next season, and Ichiro promised to be there for the occasion.

The celebration included another major announcement from Mariners chairman John Stanton: a statue of Ichiro will be erected outside T-Mobile Park, joining those of Griffey and Martinez. Fans, players, and even members of the visiting Tampa Bay Rays paused to take in the tribute. Mariners outfielder Dominic Canzone called it “special” to play on the same field during the honor, while Rays pitcher Drew Rasmussen — who grew up in Washington — said it was

“a really cool experience” to witness one of his childhood heroes being recognized.

The night served as both a capstone to Ichiro’s playing legacy and a reminder of the deep connection he has with Seattle. As Griffey joked in a video message to his friend, “It’s about damn time. I mean, what took you so long? I’ve been there for five years.



Photo Via Mariners

Brady Keeper (Cree) Retires from the NHL

Story via <https://www.ndnsports.com/>



Brady Keeper has announced his retirement from professional hockey. Brady enjoyed a successful junior “A” tenure with the OCN Blizzard of the Manitoba Junior Hockey League (MJHL), captaining the Blizzard in his final season, before committing to the University of Maine. After two seasons with the

Black Bears, Brady signed with the Florida Panthers on March 18, 2019, making his NHL debut 10 days later on March 28, 2019. When Brady made his NHL debut, he became the first hockey player from Cross Lake, Manitoba, to play in the NHL. Brady spent the majority of the 2019-20 season with

Florida’s AHL affiliate club in Springfield, and would earn a call-up to the Panthers during the 2020 NHL playoffs. During the shortened 2020-21 season, Brady played primarily with the Panthers’ AHL affiliate club in Syracuse, suiting up for the Panthers in April of that season. After signing with the Vancouver Canucks during the 2021 offseason, Brady was forced to miss the 2021-22 season due to injury, returning to play the following season with AHL Abbotsford. Brady joined the Montreal Canadiens organization for the 2023-24 season, appearing in 22 games with Laval.



Brady on the Ice for the Panthers Photo via [mjhlhockey.ca](https://www.mjhlhockey.ca)

216

BRADY KEEPER

HT: 6'2" WT: 194 lbs. SHOOT: Right

POS: Defense BORN: June 5, 1996

Cross Lake, Manitoba

YEAR	TEAM	GP	G	A	PTS	+	PIM	PPG
2019	Panthers	1	0	0	0	0	0	0
1 NHL SEASON		1	0	0	0	0	0	0

Keeper signed with the Panthers after finishing his strong two-year career at the University of Maine. He made his NHL debut on March 28, 2019, helping Florida defeat the Senators, 5-2.

YoungGUNS®



Jim Thorpe Appears in DC Comic’s “Real Fact Comics” Vol 18 February 1949.

Looking Back:Taholah Goes to state: 2009



Originally printed in 2015 Storyteller Ken Edwards



Storyteller
The Long Way Home
by Ken Edwards

There was a point in time when the Creator was still creating the animals, trees and plants that we all see today. The people of this time were always amazed. This brings me to a small village of people who lived on the highest mountaintops. These people still are among us today and, as in days gone by, still repeat their ritual as we know it.

The people of this village were a quiet people, good hunters and strong, but their village was on one of the Creator’s highest mountaintops. It was a beautiful place, as if they lived in the sky and could touch the clouds. Spring and summer were a wonderful time, with plenty of food to hunt and gather. The village leader, Sky Dancer, always made sure his people had what they needed. The elders were always his concern and always had all the young men share their hunt with them. No one minded doing what need-

ed to be done. They knew the elders were wise and had provided for them when they were young.

All was well until fall came and the hard times began. It was so cold and the snows fell like it was winter. The winds howled and had the strength of a pack of wolves on the hunt. It was terribly difficult for everyone; and as the village was like one big family, this worried Sky Dancer. As they did their best to survive and care for one another, winter came. It seemed like the Earth was angry. There never seemed to be any relief from the cold, which tormented them.

One night, Sky Dancer was very restless. He saw how his people were suffering. Try as he might, he could not sleep. So he did what he thought would be the right thing to do: he wrapped himself as warm as he could in his bear hides and went out in the cold to call to the Creator for help.

The moon was full that night and the mountains took on a beautiful blue hue. The snow shone like twinkling stars. Sky Dancer thought it was so beautiful, but so hard to survive this season of the snow. He thought he would go for a walk, smoke his pipe and ask the Creator to share the pipe with him. As he smoked, he sang for the Creator to hear him and talk. It seemed like he was out in that awful cold for a long time, desperately calling for the Creator in his song.

Just when he was about to give up, he heard the sound of

a bird’s wings. All had grown still. The winds faded away. The snow stopped falling and there sat an eagle as white as the snow on an old stump. Sky Dancer stood still. Then the eagle finally spoke.

“I heard your song, Sky Dancer, so I have come to talk about what troubles you so.”

“Are you the Creator?” Sky Dancer asked timidly.

Eagle replied, “My name is not important, but the Creator has sent me, for he heard your song. I speak for him. That is a fine pipe you have.”

Sky Dancer looked at his pipe and then the eagle. “Thank you. I was hoping to share my pipe with the Creator.”

The eagle laughed. “You already have, for the smoke from your pipe climbed higher than the clouds to the Creator and he was touched by the sharing of your pipe. What troubles you? The song you sang was a sad one.”

“I wish it was not,” Sky Dancer replied. “And I do not want to complain. There is no way off this mountain that the Creator has put me and my people on. From the time when the leaves fall and the time of snow that follows, it is so cold here. I worry for my people, especially the very old and very young. No matter how much wood we gather in the season of berries and warmth, it is never enough to keep us warm. I am afraid many of us will die. Could Creator help us?”

The eagle quietly listened.

After hearing the whole story, he told Sky Dancer he would be back. He flew beyond the clouds to tell Sky Dancer’s story to the Creator.

The following day, the eagle returned and Sky Dancer was there to greet him along with all of his people, standing huddled against the cold winter winds. All had great hope the Creator would help them. Sky Dancer approached the tree with great hope in his eyes and the eagle could see this. Eagle wasted no time in telling the people the Creator’s answer.

“The Creator has listened to you and will help you. In the season of falling leaves, you will turn into geese; and with the wings of the bird, you will fly and find a place that is warm. Then when spring comes to your mountain, you will know and fly back to your home as you know it and return to the human form you are now.”

Everyone had smiles mixed with confusion on their faces, for they knew their lives would never be the same again.

Sky Dancer gathered the people and explained that the women and girls should be on one side and the men and boys on the other side, so as they flew there would be order. If he should tire, he would return to the back and a new brave will lead. This way, their unity would get them to their new home or, perhaps, a place to rest. Eagle nodded his head in agreement.

“That will please the Creator, for you always are there

for one another and watch out for the family that you are.”

Sky Dancer said, “We are ready. Let the change begin.”

And as the wind whirled about them, one by one they were transformed into geese. The sounds they made were strange at first to one another, but it did not take long for all to understand the honks they made. Sky Dancer took to the air on strong wings and had no trouble against the cold winds; the rest followed one by one and formed what we see today - the formation of the geese.

We see them in the fall and hear their calls to one another as they leave to a place for them until winter gives way to spring. Their families have grown since that long time ago, but one thing still remains - they are family and will be even when we don’t hear them anymore. So the next time you look to the sky and hear their calls, remember how important family is and that it is all the members of the family that make it that way.

Lim Lim.

Ken “Rainbow Cougar” Edwards, from the Colville Indian Reservation in Washington state, is an accomplished painter and storyteller. Edwards is a graduate of the Institute of American Indian Arts in Santa Fe, N.M., and a longtime cartoonist for Indian Country Today.

Delicious Culture



Submitted by Lani Chubby

Snake Head

Both the plant and root were eaten. Found where there is moisture and clay in the month of April. Usually consumed raw, but slightly cooked in flames to make them tender. The roots (Ska’atos) have at intervals along the stem small bulbous growths about the size of walnuts. These are the parts sought after. They were consumed either raw or boiled and were considered very well fla-

vored. When boiled they were mashed and served with whale oil.

The sprouts were called “Xwoni Xwoni’s son.” The children of today suck the juice from the stem of the snake head.

Lady Fern (tsamxai’h)

Next to camas the roots of ferns were most important among vegetable foods. The main supply came from the ordinary “lady fern”. The roots were secured by means of a digging stick. These are best dug in August.

The roots are roasted in the coals for a few minutes, being continually turned, removed placed on a large stone and tapped with a stick to remove the rough scaly outer layers and the skin. The roots were eaten alone or served with dried salmon eggs.

Small ferns ((ku’kutsa)

This small fern grows on logs and gathered in late autumn. The roots were baked in the same manner as camas, for only half day. They were then bent and twisted to loosen the skin, which was peeled off. Roots were eaten with whale oil.

Camas (mola’kels)

Camas was the most important root used. The Lili like bulb was found in the prairies, during the month of June. Roots were washed in open baskets. A pit was dug in the sand, fire built on top, partially filled with rocks. When rocks got hot, fire removed and fern leaves placed over rocks. On top was placed camas. A thick layer of fern leaves was placed on top and covered with 3” of sand. Roots cooked all night. Fire was kept burning on top. In morning the roots were re-

moved, washed and mashed into cakes about twice the size of bread loaves. These cakes were buried in the reheated pit between layers of fern leaves and baked for a day. They were thoroughly cooked and kept through the following winter. The cakes were wrapped in grass called pala’ pala and stored away. Slices were cut off as desired.

Other vegetable foods

The Quinaults ate horsetail, and thimbleberry sprouts in spring. Bulbs of several lilies, notably tiger lilly and onion like lilies were eaten.



Snakehead plant Photo By Imulade/Shutterstock.com



Washington Tiger Lily

Nugguam Art over the years



Wolf circa April 1968



Tadpole circa July 1968



Eye circa October 1968



“Just Passing through” Killer Whale circa 1996



Salmon circa July 1975

Please join the Diabetes Wellness Team on Mondays at 11 am for education, snacks and fun. Felicity Andersen and Lynn Bumgarner are doing most of the coordination.

360-276-8215
Felicity ext. 8648
Lynn ext. 8642



Roger Saux Health Center
Nail Care Services

Nail care is available for established patients with diabetes or other chronic disease. Nail care is provided by trained nurses. If you would like to receive nail care please call: 276-4405 ext. 8640 and your name will be placed on the list.



New Hours

Stay Active & Independent for Life (SAIL)

A strength, balance and fun fitness class for adults

SAIL Fitness Classes
Tuesdays & Thursdays
2:30pm-3:30pm
@ New Generations Conf.Rm w/
Diabetes Wellness & Fitness Staff

For Patients of the Roger Saux or Charlotte Kalama Clinics, a medical provider is available by telephone after-hours, weekends, and Holidays for medical related urgent needs at (360) 533-8724.

We encourage our patients or family members to utilize this on-call availability.

If this is a life-threatening emergency, call 911 and not this after-hours number.



We serve victims of domestic violence, sexual assault, harassment, stalking, adults’ survivors of childhood sex and abuse and more. Our vision is to empower individuals to restore healthy family’s structure where everyone is safe, honored and respected. Available services include crisis intervention, information and referral, advocacy,

outreach and awareness. We also have the Sacred Healing House that provides temporary shelter for DV or SA victims and their children.

Please reach out if you are needing services.

Follow our Facebook page for updates and events.

360-276-8211 ext. 8151

After Hours Urgent Care Information

By: Denise Ross Director Health Services - RSHC



RSHC Photo By: Larry Workman

Sick visits: Please wear a mask if you are experiencing fever, sore throat, cough, congestion, shortness of breath, fatigue, nausea, vomiting, or diarrhea to stop the spread of germs that make you and others sick! Urgent Care Hours: Monday 8:30- 11:00; Tuesday, Wednesday, Thursday, Friday 1:00-3:30.

Scheduled visits:

- Please bring all your medications to every appointment. We can verify that we are aware of all your medications, even those prescribed by other providers or filled at other pharmacies. We can help dispose of old medications to decrease confusion.

- Please make sure all your contact information is correct so we can call you with concerning lab results or mail your referrals.

Other pro tips:

- Please establish care with one provider so they get to know you and can see the big picture. Most medical problems take more than one visit to evaluate and treat, and having the same person making the plan can save you time and tests.
- If you haven’t received a referral after 2 weeks, please call and ask about it. Sometimes things slip through the cracks, or we have old contact information.

Suicide Prevention Month

Sourced from google AI

September is National Suicide Prevention Month, a time dedicated to raising awareness, promoting resources, and encouraging conversations around suicide prevention. This month highlights the importance of mental health and suicide prevention, aiming to reduce the stigma associated with seeking help and encouraging individuals to reach out for support. World Suicide Prevention Day is observed annually on September 10th.

Ways to participate

Start a Conversation: Talking about suicide openly and honestly can be a powerful act of prevention,

according to [NAMI](#).

Be There: Offering support and a listening ear can make a significant difference to someone struggling with suicidal thoughts.

Promote Dignity and Connection: Uplifting the voices of those with lived experiences and fostering a sense of belonging in communities are essential components of suicide prevention.

Advocate for Change: Supporting initiatives like NAMI’s 988 Crisis Response State Legislation Map can help build a better mental health care system and

improve access to crisis services.

Join National Events: Consider participating in events like the [AFSP’s](#) “Out of the Darkness Walks” or [NAMI’s](#) #988Day events to show support and contribute to the cause.

Wear Purple and Teal: These colors are used to represent awareness of suicide and can be worn as a symbol of support.

Remember: If you or someone you know is struggling or in crisis, help is available. You can call or text 988 or chat at [988lifeline.org](#) to reach the 988 Suicide & Crisis Lifeline.

Congrats to Sam Goodman on Graduating Wellness Court!



SEPTEMBER IS NATIONAL
CHILDHOOD OBESITY
AWARENESS MONTH





NATIONAL
SUICIDE
PREVENTION
MONTH

MENTAL HEALTH MATTERS.

Every human has their own special needs.

HP EXP PERSON LVL 1

Morning Routine 6 AM ☀️ brush teeth stretch breakfast -work- break DRINK LESS COFFEE

... So now let's continue learning how to take care of our mental needs.

Attend therapy use prescribed medication properly be kind to your mind contact your support system

We are used to taking care of our physical needs...

Created by the University of Arizona

Blueberries for Elders

Story and photos by Cat Raya

On August 7th and 8th, the Quinault Elders went to the Black River Blues Blueberry farm. Each Elder could pick 10lbs of berries that the Quinault Indian Nation’s Senior Program paid for. Every year the QIN elders look forward to this opportunity to go out to the farm and pick their own berries. The day was warm; the farm is set in a picturesque valley in Rochester. Rows of blueberries perfectly aligned for the perfect blueberry.

A common theme throughout the day was the topic of grandparents. Many told stories of going with their grandparents to the mountains to pick huckleberries, blackberries and Salmon berries. Leta Shale told me that her favorite Grandpa Taft Williams would come by and give out all his change to his grandchildren. “With a Quarter you could buy a bag of chips, a pop and a candy bar, a full-sized candy bar!” She also mentions her sister Florene Shale or “Flo the Jammer” going into the mountains with four buckets and her grandmother yelling at her to stay out of the mountains because the “Stick Indians would get you!!!!”. Both Elders mention Spud Hill and Mount Adams. She also mentions that her mom’s family is Quileute, her mom’s grandma only spoke Quileute. Her mother and Pauline Capoeman’s mother would get together and speak in Quileute and laugh and laugh. No one knew what they were saying, they just knew they were always laughing.

Flo the Jammer is a dynamic woman, even still she was on a mission to pick four full buckets of blueberries so she could bring some home to her friends and can some. She is known for her jams. Her Grandmother, Julia Obi Lee picked berries as well.

Patrick McCrory and his Sister Jennifer McCrory picked berries side by side. Jennifer spoke of their Grandma Blanche picking huckleberries in the mountains. I also asked her about her family tradition of breakfast and clam digging. She tells me that her family used to get up at all different times to go clam digging. Her dad would wake them up and prepare a little breakfast and then they would dig, come home, go back to sleep and be ready for school in the morning. There were no excuses for not going to school. She mentions that her



Jennifer McCrory and brother Pat McCrory pick blueberries with the elders.

father was a World War Two veteran and that “They don’t call them the greatest generation for nothing”. This instilled many of the values that they carry on today. Both are incredible clam diggers with Patrick often getting the highest dig.

Francine Mail and a couple of Elders talked after they finished picking berries. I watched them joke and laugh before I asked them to take some pictures. During this Francine mentioned her that her dad used to hang many animal pelts in her bedroom and that whenever she would see her grandmother “Kats” she would get a bath and have her hair washed with vinegar. She realizes now that she might have smelled like pelts.

“Gramma Dora” soon arrived to pick her berries, she is a well-known local pie maker who often sells her pies in the village. I asked her if she was going to make some pies with the berries she said, “Yes I am, how many you ordering, ehhs” We all laughed. She said it was her aunt who taught her to make pies.

There is a lot of history in these conversations with elders. They are invaluable. Everyone enjoyed their time. Music played as people picked. Some elders were so focused on each berry. Thank you to the QIN Elder program for bringing joy to participants.



Leta Shale surrounded by blueberries.



There are many kinds of blueberries growing both commercially and in the wild in Washington state.

Snapshots in time

By Larry Workman

1 Year ago – September 2024

- 10 Vice President Kamala Harris and former President Donald Trump face off in historic presidential debate. A huge majority of debate watchers say Harris took home the victory.
- 10 The four-person crew of Polaris Dawn reaches 870 miles above the Earth’s surface, the highest Erath orbit with humans aboard. The private space mission was paid for by billionaire Jared Isaacman.
- 11 Quinault canoe races during Loggers Playday featured in *The Daily World*.
- 26 *The Daily World* has a feature on the state of the Steelhead.
- 27+ Hurricane Helene wreaks havoc on the Southeast US.

25 Years ago – September 2000

- 8 BIA recants racist “legacy” on Indians.
- 13 Elma students walk out to protest announcement that all extracurricular activities will be discontinued.
- 21 Aberdeen Safeway opens gas

- station setting off a gas war with Arco and threatens livelihood of mom and pop stations.
- 22 Bear shoot in backyard of a North Aberdeen home.
- 25 Interior Dept. says that Kennewick Man should be turned over to tribes for reburial.

50 Years ago - September 1975

- 7 Photo and article about Quinault Billy Charley, the world champion birler (water log rolling) of 1909.
- 11 84°F. hottest day of the year.
- 18 Quinault postpone opening of Chehalis fisheries because of lack of fish.
- 25 800 acre blaze in upper Wynooche out of control.
- 25 200 mile fish zone approved by Federal Government.

75 Years ago – September 1950

- 21 84° F.
- 26 Seoul Liberated.
- 26 Storm blots out view of Total Lunar Eclipse last night.
- 30 35° F.

100 years ago – September 1925

- 4 Survey of Reservation begins anew for allotment.
- 5 Lake Quinault to get a new hotel.
- 12 First step taken in scenic Chalet project.
- 23 32 oz. tooth of monster found in Humptulips River.

125 Years ago – September 1900

- 1 Epidemic of the gripe is raging among the Eskimos of Alaska and has killed half the population in some places.
- 7 Chas. Clemon’s camp shutdown because of broken drum on the big engine. This is the third accident of its kind to the big engine.
- 7 Weyerhaeuser Timber Company has established minimum price of 40 dollars per thousand feet for all merchantable timber they buy in western Washington.
- 18 A 70-foot whale was sighted in Grays Harbor near Humptulips sand spit. The captain of the steamer Ranger, slowed and several shots were fired into the

monster. It rapidly dove and did not appear again.

- 21 Thomas Thompson, forest reserve superintendent of the Olympic Reserve, has made a complete circuit of the reserve. The trip was a hard one. At one time he was without food for 50 hours, having become separated from his pack horses.

150 Years Ago – September 1875

- 1 G.A. Henry in his fourth Quinaielt, reports that “quite a number of Indians can speak the English language, but none can talk it well”. He notes that many of the Indians travel to Shoalwater Bay and are employed at oystering making as much as \$3 per day.

175 Years ago – September 1850

- 9 California admitted to the United States.
- 18 Fugitive Slave Act passed.
- 20 Slave trading abolished in Washington, D.C.
- 27 Donation Land Claim Act opens Oregon Territory to homesteading

Antonne Luscier Elder Queets Interview

July 14, 2025



The interview in Queets with Antonne began a little late because of road construction that was happening on the highway in both directions.

The interview was jovial from the onset; his happy mood was contagious. Antonne is 86 years old; his parents were Christine Eldora

Bailey and Antone Luscier, he has not been a full lifetime resident of Queets. His family has resided in many different locations, from Bay Center to Moclips. He went to school in the old Moclips school house until 8th grade. He said that one specific memory that he has about school, was that he was always getting in trouble.... for spitting spit wads. One of his best friends was Son Bones Papp and another was James “dopey”

Jackson. One of the things that he enjoyed while growing up was trying to be creative on how to make money, he said he picked up a lot of pop bottles and beer bottles, you got like 1cent per bottle. You got more money when you picked up beer bottles that all fit in a case, you could earn up to 25 cents a case. He was also a newspaper boy; you could charge 10 cents a paper. Social media was a lot different then.

One thing that he had fond members about was going to the movie theater in Pacific

Beach, it cost 10 cents to get in and then you had to pay about 15 cents for popcorn and pop. He worked hard to earn his money to go to the movies, but also had fond memories of Indian Pete who was always helping kids pay their way into the movies. Sometimes he and another friend would steal smoked fish out of someone’s smoke house, most of the time it was from Archie Slades. He admitted that many times he and a friend would talk little Oogie into doing things like taking smoked fish or food from the gardens that were all over Taholah. Most residents generally shared garden veggies, fruit and fish.

When asked about how many children were in his family, he said there was a “full house-

3 Queens and a Jack” Currently he has only one sister that is living, he said that she’s his little sister, Lillian Brown and she will always be his baby sister, she will be 83 years old. She loved to

play baseball, and he recalls Faustine Edwards always being a good ball player.

As he got older, he decided to join the military, he joined the Navy, even though everybody else was joining the Marines or Army. You got three meals a day in the military.

When he returned home, he did a variety of jobs, dabbled in Construction here and there, did some dip netting, lots of clam digging and hunting. He was always willing to share everything with the elderly people that needed assistance.

The Tribe sent him to school to be a counselor in the alcohol area. He said his immediate family was not afflicted with alcohol problems, his mom was very religious and believed in reading the Bible every day. He recalls that he always had a lot of respect for the shaker religion, but he himself was baptized by Lee Alden, he

has vivid memories of being baptized, and several times while he was being dunked in the water the Pastor kept asking “do you believe”?

He was worried that he was dunked so many times that it was a little scary and the river was extremely cold.

Considers himself a pretty good cook; fish is one of his favorite things to cook, it can be cooked in a variety of ways and it’s always good. He liked cooking smelts and enjoyed eating stink eggs and fish head soup.

His advice to the QBC would be to bring back the takeout containers for the elders’ meals at QBRC, we had a brief discussion about whether this issue was the Councils responsibility, he felt like it was indeed their responsibility cuz they run things.

Tribal Journey 2006

By Rich Underwood



A unique insight on Tribal Journeys for those who haven’t yet participated.

Many people ask “What is Tribal Journeys?” In my mind, there are many answers. Tribal Journeys represents for me a spiritual connection, a sense of well being, meaning a balance in the way we live.

Just to be a part of something that was a common way of living really puts things into perspective, the hard work and the care that went into such a journey, such as building a canoe or building a paddle.

You see, a long time ago our ancestors didn’t have all these modern things we use today (cars, boats, power tools, etc.). There was also the planning aspect. This took a lot of knowledge, knowing the tides, the current and the wind to ensure a safe journey for our family. Back then, that’s who was in a canoe.

So there are many things that must happen way before

you start your journey. And this year and years to come are no different than any other. A lot of hard work went into this year’s Tribal Journey.

We did a lot of fund raising through our group performances; there were too many to list. And the thing to remember is this group I talk about is not my group or anyone in particular, it is ours, the Quinalt Nation’s. We represent you.

We as a canoe society set a very high standard, and we try our best to maintain that standard. As one Quinalt, I am very proud to be a part of Tribal Journeys. I get to see our youth partake in the cultural side of this journey. And they look forward to next year’s journey. This journey brings us all together, our families, friends, and other tribes. We pull together, we take care of one another, we help one another.

As I said before, Tribal Journeys represents a lot

of things. This year I was the captain of the May-ee canoe. What an honor! Along with this honor came a great responsibility.

Like all captains past and present, I had, in my mind, the biggest responsibility of them all – to ensure the safety of all the pullers in the canoe, the youngest to the oldest. And we had some young ones, as young as four years old (my granddaughter Talisa)

Between the two canoes, the other canoe captain, Guy Capoeman, and I would plan our crews and route, and the alternates who would be on the support boats. We would not take any unnecessary risks that would be detrimental to either canoe; it was always safety first.

Once our crews were selected and announced, we would start our leg of the journey. Our day would start with a wakeup call, sometimes as early as 3:30 a.m. (it varied

with the tide).

Then you would eat breakfast between 4-5 a.m., and then it was your responsibility to tear down your tent and load it into the ground support vehicle. Then we would meet down by the canoes.

Once there we would have to pack our canoe down to the water, then circle up for a prayer for the day, break from the circle and get in the canoe

On this particular day, we had to pull from Jamestown to Port Gamble, a 58-mile pull. Now, imagine that!! WOW, 58 miles!!! We have done this in the past, so we were very prepared. One year, this leg of the journey took us about 16 hours to do. And this year we did it in record time – 7 hours, including a 1 ½ hour break at Port Townsend. What an awesome feat! I commend all those that pulled that day, especially our kids.

I forgot to mention, a few of us adults didn’t get to sleep

until 2 a.m. that morning. As we are all aware, while at Jamestown there was an accident that occurred that day, so all the captains were paying their respects to the family.

In closing, I would like to say this Tribal Journeys is a lifetime commitment to improve your relations and skills, your well being, that balance you need in your life to better yourself, to strengthen you physically, mentally, and spiritually, to help better prepare you for what life has to offer you.

You see, you don’t need a canoe for that; as long as there are canoes and there are eleven people pulling in this canoe, we all have to be one. If one person falls behind in the pace, then that will throw all of us off the pace. It takes all of us pulling together, lifting each other up, holding each other up. Thank you.

Photos from Past Journeys



Quinault Wellness Center Expansion Moves Forward with Major Construction Phases



ABERDEEN,—August 18, 2025 — The Quinault Wellness Center has announced steady progress on its multimillion-dollar expansion project, a development aimed at strengthening outpatient services and meeting urgent healthcare needs in the community.

Backed by \$15 million

in Direct Appropriation and Competitive Regional Needs grant funding, the expansion is unfolding in two major phases designed to improve access to medical, dental, and behavioral health care.

Phase 2 Nearing Completion

Construction crews are currently focused on expanding dental, behavioral health, and medical services. This phase is on schedule and expected to be finished by October 2025. Once complete, patients will see increased access to vital healthcare services across multiple areas of treatment.

Phase 3 Breaks Ground

Planning and early work on Phase 3 have been completed, with ground now officially broken. Scheduled for completion in fall 2026, this phase will add group rooms, new counseling offices, and

administrative space. These improvements will significantly boost the center’s treatment capacity and support staff operations.

Responding to Urgent Needs

Grays Harbor County continues to face some of the highest per capita rates of opioid-related overdose deaths in Washington State. Leaders at the Quinault Wellness Center believe the expansion is a critical step toward reversing those statistics and providing more comprehensive care.

“This project marks a significant step forward in supporting the health and wellness of our community,” said Jason Halstead, Chief Operating Officer of the Quinault Wellness Center. “We remain deeply grateful to state legislators, state leaders, and the Department of Commerce for their support in making this possible.”

About the Quinault Wellness Center

Located in Aberdeen, the Quinault Wellness Center is a leading substance use disorder treatment facility. The center provides evidence-based treatments, holistic care, and professional support to individuals seeking recovery, making it a beacon of hope in the fight against addiction.

For more information about the center and its services, visit quinaultwellnesscenter.com.



32-HOUR WORK WEEK UPDATES & NEWS!

UPDATE

New Implementation Date:
October 12, 2025

WE INVITE YOU TO ATTEND AN UPCOMING COMMUNITY DINNER!

- ✓ Queets Gym: Wednesday, September 3 at 6pm
- ✓ Taholah Community Center: Tuesday, September 9 at 6pm
- ✓ Aberdeen Rotary Log Pavilion: Wednesday, September 17 at 6pm

WHY IS QIN MAKING THIS CHANGE?

This shift reflects our continued commitment to supporting the well-being of our staff and strengthening the overall health of our organization and community.

Improve Employee Well-Being and Work-Life Balance

The new schedule allows employees more time for rest, family, and personal well-being, supporting a healthier, more sustainable work environment.

Boost Team Morale, Focus, and Productivity

Well-rested employees are more focused and engaged. This change is designed to enhance efficiency and create more effective workflows.

Strengthen Workforce through Recruitment and Retention

Offering a 32-hour work week makes QIN a more attractive employer, helping us recruit top talent and retain dedicated staff over the long term.

Resources

Email
connect@quinault.org

Survey
<https://forms.office.com/r/TYuAMfcu13>

FAQ
<https://www.quinaultindianation.com/405/Quinault-Indian-Nation-to-Implement-32-H>

What is killing the starfish?

Sea water warming and bacteria submitted by *Larry Workman photos by Larry Workman*



Scientists have finally identified the cause behind the death of over 5 billion sea stars—commonly referred to as starfish—along the Pacific coastline of North America during a decade-long epidemic.

Beginning in 2013, an outbreak of sea star wasting disease led to widespread mortality from Mexico to Alaska,

severely impacting more than 20 species. The sunflower sea star, in particular, experienced a catastrophic decline, losing approximately 90% of its population within the first five years of the epidemic.

Marine disease ecologist Alyssa Gehman of the Hakai Institute in British Columbia, Canada, who contributed to identifying the causative

agent, described the disease’s impact as highly destructive. Healthy sea stars typically exhibit robust, outwardly extended arms. In contrast, afflicted individuals develop lesions, which ultimately result in arm detachment.

The recent study, published August 4th in *Nature Ecology and Evolution*, attributes the epidemic to bacteria—specifically *Vibrio pectenicida*—which have also affected shellfish populations.

Sea stars generally possess five arms, with some species displaying up to 24. Their coloration varies, ranging from uniform orange to multi-colored patterns incorporating orange, purple, brown, and green. According to the National Park Service, symptoms of sea star wasting syndrome include abnormal twisting of arms, white lesions, deflation of appendages and body, limb loss, and eventually, disintegration of the body. Mortality

typically occurs within days or weeks.

Researchers encountered significant challenges in pinpointing the disease’s origin, facing numerous setbacks and incorrect hypotheses over more than a decade. Initial investigations suggested a viral cause; however, further analysis revealed that the densovirus in question was present in healthy sea stars and unrelated to the pathology. Additional studies failed to identify the culprit because tissue samples lacked coelomic fluid, the bodily medium surrounding the organs.

The conclusive study incorporated comprehensive analyses of coelomic fluid, where *Vibrio pectenicida* bacteria were detected. Microbiologist Blake Ushijima of the University of North Carolina, Wilmington, unaffiliated with the research, commended the team’s investigative approach, describing it as both innova-

tive and impactful.

The study highlights that *Vibrio* bacteria are considered “the microbial barometer of climate change,” as their prevalence increases with rising ocean temperatures. Future research will focus on elucidating the link between seawater warming and sea star wasting disease. Additionally, scientists aim to determine whether certain populations exhibit natural immunity and explore potential interventions, such as probiotic treatments, to enhance disease resistance.



QDF, Netting New Records

By *Catrina Bean Lead Fisheries Biologist*



2025 Night Seine Crew Standing from left to right: Ashley Sansom, Michael Kowoosh, Harry Butler Jr., Kodi Cherry, Dennis Charles Jr., and Larry Parker. Kneeling from left to right: Ismael Visarraga-Jackson, Samantha Sansom, Jordan Curley, Catrina Bean, Tiauna Tackett-Evans *Photo by Jordan Curley*

Every spring QDFi manages a smolt trap and night seining operation on the Queets and Clearwater River system.

The purpose of this project is to tag a representative group of wild Coho smolts each spring in order to assess freshwater productivity and contribution to future fisheries.

Smolt traps are installed in several creeks and ponds that drain into both the Queets and Clearwater Rivers. Once the traps are operational, tagging crews visit each site daily to sample all fish that are in the trap as well as ensuring the

trap is running efficiently. Fish sampling protocols include enumerating and measuring all species as well as tagging all Coho smolts with a coded wire tag.

Each Coho smolt is given a coded-wire tag with a sequence number that is site specific to the trap where it was sampled.

The goal for tagged Coho smolts during the 2025 spring season was set at 35,000. The tagging crew surpassed this goal, having tagged a total of 39,218 Coho smolts.

The time and effort made by the trapping crew to in-

stall traps early in the month of March allowed those traps to be operational while late season producing traps were being installed as the season progressed.

The crews worked extra hours and weekends as needed during high water events to clear debris from traps, which if left unattended, can potentially cause structural damage to traps.

After the first full week of tagging, the night seining crew began to capture migrating smolts on the mainstem of the Queets River using a non-lethal seine net.

A sub-sample of coded wire tagged Coho are sacrificed so that the coded wire tag can be read. Once read, the origin of where the smolt was tagged can be determined, providing data on timing and survival rates. The night seining crew had an exceptional season, having recaptured a total of 444 tagged Coho.

On behalf of all the crew members and myself, I would like to express our gratitude to Larry Parker for all the years; past, present and future that he has dedicated to this project.



2025 Night Seine Crew From left to right: Amanda Mullikin, Dennis Charles Sr., Justin Hammell, Eugene Sansom Jr., Eugene Sansom Sr., and Nick Sansom. Not present for photos: LeAnna Sansom, Matt Sansom and Nate Cook *Photo by Amanda Mullikin*



Juvenile coho salmon. *Photo courtesy of NOAA.*

Fisheries Flashback



Phillip Martin and Justine James circa 1966.



Wayne, Cissy, Rose, Cecily, Carol, Waddy, Tagging Fish

Remembering Arnie



The National Men/Women’s tournament this year is in memory of Arnie Capoeman. He was coach for many players, the Taholah First Americans women’s fastpitch team of the 70’s 80’s, NB and Taholah High School Coach, and the N.W.O Men’s slo-pitch team. Most of you probably will not be attendance at the tourney this weekend in Olympia, so I thought you would enjoy some little stories about “Coach Arnie.” - Cynthia Kautz
“Arnie...the Coach, Scorekeeper and Cook”

Arnie coached basketball for many years, as well as coaching for the Taholah High School teams. But his Pride and Joy was coaching the Taholah First Americans. In the early 1970’s he started working with a young team of very talented Quinault girls. The first couple of years it was kind of a bumpy ride because the team lacked experience. He knew he had to work at refining their talent. With players like Alice and Natalie Charley, Shelly, Cynthia and Jennifer McCrory, Ski Sansom, Lola Capoeman and Becky Bryan, Lulu Sanchez, Lori and Suzi Smith, Grace Hyasman, Kora & Raven, he had one heck of a team, but it still lacked a back up pitcher, so he stole Pauline away from the Queets Maidens. He needed all the strong arms he could recruit, because Pearl never could throw the ball in from right field. For many years the team went undefeated, which was remarkable, because we were playing the Canadian teams who were fierce ball players (can’t remember the team

name), as well as the tough Yakama and Nisqually teams, though I think Queets was always the toughest team to play. The First Americans became the team to beat, because they had also become National champions.
Arnie put his heart and soul into coaching, the teams always had to raise their own money, with endless bake sales and car washes. And throughout the years, Arnie refined his own cooking and became one of the biggest contributors to any team from Quinault Nation or Taholah School that was raising funds. He never forgot to make chili or spaghetti for the concession stands. Even after Arnie suffered several strokes, he never let it slow him down. He was a great coach, cook and friend.

The love of his love was his wife Pauline, and their two sons Jared and Eric. He and Pauline enjoyed going to every rummage and estate sale around. If you ever needed anything, Arnie could find it. He always cooked for the family dinners and spoiled his nieces and nephews. He never missed an opportunity to spend time with especially the little or young ones; he had a special name for all of them. He loved Code Man, Tutu, Ray Ray, Chase and all of the other ones. The late Charlotte Kalama said that she knew that Arnie was a special man, but once he gave up drinking, she said he became the best. She loved him for who he wasa special member of the Kalama and Capoeman families.
Sister, Peal Baller - Taholah First American

When I look back on my youth and young adult years, I see them as the best years of my life. My most joyous and memorable times are when our coach Arnie Capoeman entered our Taholah First American team into Native Fastpitch tourneys throughout the Northwest and Canada. Because of his commitment to our community and what he gave of himself, I too followed his example by volunteering and committing to a number of years involved with our youth, as many of our First American Team have done and continue to do. What was freely given to us – only seems fair to freely give back....”
Cynthia McCrory-Kautz - Taholah First American

One of my first memories...but lasting. I have so many memories but here’s kind of from the beginning...I remember when I first started to play fastpitch for Arnie, of course Lola and I were always attached at the hip, well you know how it goes when you have

to pay your dues and ride the benches. Anyway in those first years I always looked forward to Sundays at the tournaments because that’s when we got our chance to play since some of the older “veterans” wouldn’t make it to the first game on Sunday so that’s when we got to make our “rookie” debut whether it was good or bad, we got to play!!! When it came to practicing whether it was fastpitch or basketball, all Arnie would have to do was tell one player and everyone would be there early already warming up and ready for a long practice. Those were the days! Arnie taught us more than the game, he taught us patience, respect, commitment and discipline.
Alice Charley - Taholah First American

Arnie was one of the best sportsmen I ever had the honor of knowing. As a young impressionable Native youth, I was fortunate enough to have a coach and mentor who had a commitment to an activity – in my case – baseball, and the patience to put in the time! In our generation, we had to practice, we had to be on time, and we had to earn our own way to weekend tournaments. This was part of our training under Arnie Capoeman; there were no handouts to be had and I think Arnie knew if we earned our way, we would be more committed to our sport. I believe he was right and our rewards were many first-place championships and personal pride in our accomplishments. Of course, the frosting on the cake was - we had fun along the way. Our First American team cemented life-long friendships both in Taholah and across the northwest. The pride and sportsmanship and having a well-prepared team that even had uniforms was the norm; Arnie set high expectations for his team(s) and he put in the time to make sure we had the fundamental tools to win. Arnie Capoeman was a generous man who gave freely of himself and his resources for the things and people he loved.
Jennifer McCrory-Scott – Taholah First American

The years I played on the “First Americans” fast pitch team was an inspiration that followed me the rest of my life. It was Arnie Capoeman that kept me interested in sports throughout the rest of my life. He would always show and tell us what to do and how to do it better next time and never scold or get mad or belittle us. He would just turn it into a joke so we would feel better and believed in ourselves no matter what. People’s parents or the opposing

team would be yelling at us and he would say, “Who cares what they say. Don’t pay attention to them. I’m the coach, listen to me, you shouldn’t be hearing anything from the stands.”
He would jokingly call me Gracie Seaver’s and tell me, “If you practice every day you’ll get faster and more accurate.” It was not until I moved away that I had a catcher that would practice me every day rain or shine that I found out how fast I could be when I struck out these #1 batters. It scared me to think I could even do that. He said, “I told you, you had it in you, Gwacie Baby!!!” But that was the best and biggest compliment I ever received, you know, from your coach. After that summer I retired pitching and yes I also helped coach kids teams here at Nisqually because of him.

Arnie’s smile, laugh and teasing words will always be remembered by us girls “The First Americans” all in red, white & blue. I can remember all of us piling into his truck with a canopy and him and Pauline taking us to tournaments. We were all crowded in, one big happy family, sisters till the end. Those were the good ‘ole days we will cherish and tell our kids about. Well, we won’t tell them everything though, will we girls!!!
Gracie Hyasman

I had to wait until the ripe age of 12 before I joined the Taholah First Americans. I was back-up to Dee (Michelle Grover-Ramirez’ mom) on first base. That’s where Arnie started me out. He had the patience to work with each one of us and he taught us the FUNDAMENTALS. Every move, action, throw, catch, stance, and the proper way to hold the bat was taught and taught until it was grounded in. Was our elbow too low (and therefore, the cause of us popping up)? Were we too far back in the batter’s box, or too far forward? Deep thought went into how the lineup would look. Others already mentioned his patience and his positive words of encouragement. I will forever remember Arnie’s slow, sometimes lopsided smile he’d give along with a gentle scolding for something we did, but KNEW we shouldn’t have done, like swing when the count was 3-0. (We should have let one go by.) Yeah, that slow, wry smile will be remembered for many years to come.
Natalie Charley Taholah First American

Blast from the past



QDNR Forestry field crew September 1986:
Top Three l-r: David Martin, Tim Bumgarner, and Louie ‘Carrot’ Mason. Second row l-r: Antonio Salazar and Dean Reeves. Third row l-r: Frank Pickernell, Stan Markstrum, Franklin Pope, Walt Klatush, Bernard ‘Buzz’ Bumgarner, Sonny Davis, Bernard ‘Buzzy’ Bumgarner Jr. Bottom l-r: Steve Charley and Cheryl Bumgarner. (Photo by Larry Workman)



Photo provided by Phillip Martin Sr.



Blast from the Past
Forestry Crew 25 years ago – July 1986
Top row, Left to right: Bernard “Buzzy” Bumgarner, Greg Masten, Franklin Pope, Craig Purser, David Martin, Bernard “Buzz” Bumgarner, Patrick McCrory, Louie Mason, Benji Kautz, Ernest Pluff, Rick Trudeau, and Walt Klatush.
Bottom row: Frank Pickernell, Tim Bumgarner, Reggie Ward, Steve Charley, Stan Markish-tum, Johnny Salas. (Photo by Larry Workman)

Birthdays List

01 Jared K. Worden	07 Davian Jace B. McCrory	13 Jason M. Tumbaga	19 Dayceon Lewis	25 Kaitlyn Sansom
01 Kerry L. Francis	07 Gladys Curley	13 Alyssa R. Capoeman	19 Aaliyah Wagner	25 Ashley Cole
01 Shania Steen	07 Mateo Nieves	13 Alexander Quanah Capoeman	19 Alexander Huber	25 Dakota Hopmann
01 Dawn Kirk	07 Wesley Terrell	13 Precious Crossguns	20 David H. James Jr.	25 Aurelia Martin
02 Donald D. Krise	08 Talon Napoleon	14 Michelle L. Gertsner	20 Julia A. Lemieux	25 Kenneth Frank
02 Dave Jack	08 Jordan Billie	14 Josiah James	20 Dawn M. Van Hoof	25 Kristie Tweed
02 Stacy M. Frank	08 Sparrow-Hawk Shale	14 Ohitekah Jackson	20 Ariana Aliza Reed	25 Kalei`a Winn
02 Ahwaxtin Hall	08 Samuel Armas	14 Nakota Cole	20 Monique Wahwassuck	25 Scarlette Sisk-Stanton
02 Tynelle Allen-Bryan	08 Jacob Ellingson	14 Haidin Cole	20 Gavin Torres	25 Lawrence Lorton Jr.
02 Maria Moseley	08 Kobe J. Charley	14 Monique S.J. Chom	20 Tony Boome Jr.	26 Renato Villa Villa Jr.
02 Janna Mowitch	08 Anthony L. Hobucket Jr.	14 Kayla Purdy	20 Keh-niwh Markishtum Jr.	26 Micah S. Bell
02 Aaron Lorton	08 Steven Sanden	14 Austin Lawrence	21 Everett W. Masten II	26 Loretta L. Wilson
02 Alichia Summers	09 Robert H. Peterson	14 Tiauna Tackett-Evans	21 Samson Curley	26 Takia DeLaCruz
02 Bianca Charles	09 Tracey R. Jackson	15 Elizabeth A. Johnson	21 Susannah Ebling	26 Hector Gonzalez-Corona
03 Isaiah Curley	09 Shannon A. Comenout Sr.	15 Irissa Deschamp	21 Denise L. Narvaez	26 Izayah Rapp-Bastian
03 Lahala Randall	09 Christopher D. Capoeman	15 Tristan Curley	21 Emmaline C. Quilt	26 Josiah Prado
03 Johnathan Jeremiah	09 Jared S. Capoeman	15 Roman Mowitch-Purser	21 William G. R. Lazzar III	26 Aurelia Billie
03 Kuhmihykin Rojas-Diaz	09 Jacob Pope	15 Lee Ditton	21 Victor Bryan James Jr.	27 Marilyn E. Bard
03 Leo D. Brooks	09 Samantha Williamson	15 Hugh Hill	21 Kierra Braden	27 Raymond J. Estavillo
03 Monique A. Frye	09 James Ralston Lazzar	15 Michael R. Fuller	21Christopher Norman-Johnstone	27 Christopher L. Oliver
03 Alicia A. White	09 Candice R. Spigler	15 Alfred J. Lewis	21 Celia Russell	27 Jazzmen Jack-Dziubak
03 Layla M. Yamabe	09 Aaliyah Huila	15 Andrea Rodriguez	21 Dani McCartney	27 Nathaniel Owens Hall
03 Ashley J. Underwood	09 Ni-Tai-Ya E. Willison	15 Veronica Lazzar	21 Drue Nations Jr.	27 Scarlett McCrory
03 Jaren R. Ancheta	09 Nathan Jung	16 Alivia Dan	21 Galen Williams	27 Gabriell G. Charles
03 Tyler J. Bryson	09 Judea-Tyee Mowitch	16 Kenneth McCoy	22 Rosa Hudson-Obi	27 Joseph J.D. Jack
03 Rich Potter	10 John B. Monjaraz	16 Rodney Chapman	22 William D. Johnstone	27 Serena A. Bastian
03 Janie Ackerman	10 Gabriel Priamos	16 Katerie Gouley	22 Joseph Perez	27 Chloe Sith
04 Aidan Pickernell	10 Robin L. Perez	16 Trina Lewis	22 Letty Carcaise	28 Allison Jacobson
04 Skye Billie	10 Mary J. Papp	16 Robert Oliver	22 Shannon Wright	28 Edward H. DeLaCruz
04 Alfonso Cole	10 Kalem A.M. Jack	16 Gordon K. Kalikane	22 Casper Boyd Boyer	28 Melva H. Tolliver
04 James N. Sellers	10 James Tuddrussell III	16 Barry W. Allen	22 Aron Lopez	28 Frank D. Johnny
04 Laura L. Alfred	10 Mateo Eastman	16 Cisco Mora	22 Candice J. Cooke	28 Jarrod A. Airington
04 Shawn M. Capoeman	10 Jordan Frank	16 Pete Boyer	22 Rylan Schlaht	28 Katherine I. Krukoff
04 Isabel Ayala	10 Derrel Shale	16 Ron Quilt	22 Kaden Schwenk	28 Bradley D. Capoeman-Sharp
04 KeKoa L.E. McCrory	10 Ceanu Strom	16 Cameron J. Wyatt	23 Lola M. James	28 Sally Little
04 Kaden Estavillo	10 Tutesum James Baller	16 Kawai Stewart	23 Ruben M. Estavillo	28 Franklin David DeLaCruz
04 James Pickernell	10 Gabriel Priamos	16 Quintin Boyer	23 Arthur R. Figg	28 Lester Wade Vitalis
05 Marlene L. Thompson	10 Addie Robinson	16 K'leia Sotomish	23 Fancy L. Smith	28 Bryce Pine
05 Mary E. Secena	10 Kiawa Capoeman	17 Sherrie R. Hass	23 Angela M. Blackburn	29 Gary W. Blackburn
05 Cheri T. Quilt	10 Maella Maestas-Flores	17 Tashina Antoine	23 Joseph T. Tumbaga	29 Phillip Dean Blackburn "Dino"
05 Van P. Rosander	10 Amanda Beebe	17 Halaya Saavedra-Ramirez	23 Aiden Newton	29 Christine M. Gallagher
05 Daniel J. Barrett Jr.	11 Pearl L. Capoeman-Baller	17 Kimberly N St. Germaine	23 Nevaeh Williams	29 Wynoochee Ralston
05 Lacy R. James	11 Allen Brandt	17 Emeral D. Ancheta	23 James Dan	29 Solomon Carlton
05 Timothy A. Boatsman	11 Conan Kelly	17 Jhordan E. F. Charlie	23 Dimitri M. Johnson	29 Teagan Knight
05 Jonathan Billie	11 Dennis W. Allen Jr.	17 Joshua Wayne McCloud	23 Tia E.M. Underwood	29 Hope Imus
05 Sean Curley	11 Kallie Karlsvik	17 John E. Lemieux III	23 Autumn Rose McCrory	29 Terrance Johnson
05 Tyson Boyer	11 Shelia J. Wyatt	17 Zah-Maya Capoeman	23 Jacob Jackson	29 Brennan Moss
05 Jon Jackson	11 Kachina D. Campbell	17 Jazzmyne Ciera DeLaCruz Acosta	23 Jewel Bastian	30 Ervin C. Obi
05 Emma Ebling	11 Amanda M. Itterly	17 Danielle Murdock	23 Alyzea Ortega	30 Stormie Markishtum
05 Charlotte Barrett	11 Natosha Lewis-Hoxie	18 Venessa N. Youckton	24 Aiyana Vazquez	30 Ethan Spigler-Saavedra
06 Daniel Voss-Hedrick	11 Summer S. ManyWhiteHorses	18 Lydia R. Baldwin	24 Mary A. Pulsifer	30 Emmanuel Curley
06 Natalie Woodward	11 Hunter W. L. Shale-Sansom	18 Rachelle L. Bryan Bates	24 Amy Beth L. Glendenning	30 Jonathan Pink
06 Denise S.A. Buck	11 Rebekah Wirkkala	18 Channing Davis	24 Bryan J. Thoms	
06 Gloria Y. Francis	12 Rose M. Moore	18 Jared Deschamp	24 Ken Grover	Anniversaries
06 Roderick T. Reed II	12 Stella Hill	18 Eli D.J. Snell	24 Roger Krinsen	02 Matthew & Lanada Brown
06 Pierre F. Augere	12 Aldeen Olvera-Obi	18 Eric E. Mark	24 Vicki Watkins	07 Joshua & Denise Hillaire
06 Harry G. Butler Jr.	12 Hollie Haataia	18 Tyson E. Johnston	24 Halie Bran	18 Howard & Laura Eselin
06 Kathy Jones	12 Alice A. Charley Morris	18 Urijah V. Willis	24 Katie Katcer	21 David & Jonnette James
06 Jace Tweed	12 Lanada L. Mail-Brown	18 Nakoa Stewart	24 Justin Curleybear	23 Jon & Florine Bergstrom
06 Samantha Mendoza	12 Sandra M. Benavidez	18 Keenan Goodface	24 Angel Ellis	24 Dave and Robin Stanley
06 Ronald Tadios-Tahkeal Jr.	12 Milton G. Obi	18 Jimmy Chuck Burnett	24 Emmett Lorton	29 Steve & Betty Jean Shale
07 Marivella Mendez	12 Andrew Goodman	18 Tawny Bryson	24 Kyliah Thompson	
07 Mary Cameron	12 Randy Scott	18 Satanta Capoeman	24 Chelsea Minks	
07 Cory Arreguin	12 Angelica Armas	18 Harrison Scafturon	24 Dakota G. Quintero	
07 Tyson Serrano	12 Gunner Albrecht	18 Asher Mail	25 Bruce E. Butler	
07 Joseph Johnson	12 Brandy Ford	18 Evan Krautler	25 Harold L. Hawkes Jr.	
07 Rodney V. Sansom	12 Amy Krautler	18 Quinson Duvall-Flores	25 Josey L. Kitselman	
07 Duane G. Fousie Jr.	13 Marlayna Lorton	19 Nakoda Moon	25 Keith W. Underwood Jr.	
07 Danielle A. Rodriguez	13 Edna M. Miller	19 Ernest V.J. Sanchez	25 Feddie A. Krukoff	
07 Melanie James	13 Corrine L. Sansom	19 Emma Lorton	25 Thomas J. Pickernell	
07 Mike Stamon	13 Reina Lopez	19 Daniel Hoffman	25 Paula J. Kalama	
07 Alisandra Coyote	13 Russell Buck	19 Norman Robinson	25 Krystal E. Bryan	
07 Melanie James	13 Suzanna L. Spigler	19 Charity Charley	25 Robert Rosales	
07 Jackie A. Ward	13 Quentin A. Schimelpfenig	19 Jim Arkills	25 Raechal Rosales	
07 Dominic B. Cole-Vitalis	13 Ty Dixon	19 Cheryl Lynn Crawford	25 Christopher Thomas	

Siokwil to Sarah Martin for review and updating the list.



Isabella Ramirez, a proud Quinault woman, as she begins her journey at Stanford University this September. She carries with her the love of her family, the strength of her ancestors, and the hopes of her community. We know she will do great things, and we are excited to see the path she creates.

— With all our love,
Mom, Dad, Ri, and Javy

Special Wishes

No charge for a wish.
\$5.00 per photo (Payable at QIN Revenue)
October deadline: noon September 23rd
Send submissions to:
Cathrine.raya@quinault.org



A Very Happy Sweet 25th Birthday 09/25 to our daughter Kk, Kat aka Kaitlyn we hope you enjoy your beautiful day & dinner party love Mom & Dad Quilt

To my hubby Ron Quilt 09/16 Happiest Birthday ever Enjoy your day babe love you always Emmy

SUMMER OF WINNING GRAND FINALE

SATURDAY SEP. 20



GET REVVED UP—QUINAULT’S \$125,000 SUMMER OF WINNING IS IN HIGH GEAR! RACING US TOWARDS THE FINISH LINE, WILL YOU BE IN THE DRIVERS SEAT?



Player's Getaway

SUNDAY - THURSDAY
\$289 TWO NIGHTS

INCLUDES:
\$50 RESORT CREDIT
\$50 FREE PLAY
(\$25 PER ADULT UP TO 2)

CODE: PLAY
Offer Valid: Sept 2- Oct 30, 2025 . Limited number of rooms at this rate. Black out dates apply.

25
Celebrating 25 Years

 **Quinault Beach**
RESORT AND CASINO
1-888-461-2214 | WWW.QUINAULTBEACHRESORT.COM



Sunset at cape Elizabeth Photo by Michael Patten